BUILDING EMPATHY

Conduct

Assign each participant a character and have them stick their character card to their forehead. Do not let the participants see their own character cards. (You can create your own character cards or use the character cards provided)

Unaware of their own characters, players have to walk around the room and interact with others to figure out which characters they are. Players are allowed only to ask questions to find out more about their characters.

Other players will treat each other according to how they would treat that character.

Conduct

By being in another person's shoes, participants are able to experience what it is like to be someone other than themselves, and they will be able to experience different interactions.

Asking questions to reveal their own identity would be transferable to asking questions to find out more about others

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CHARACTER LIST

Stamford Raffles

Sang Nila Utama

Queen Elizabeth

Mother Theresa

J.K. Rowling

Dwayne 'the rock' Johnson

Jack Black

Chan Chun Sing

Oprah Winfrey

SCAN THE QR CODE FOR MORE WELLNESS RESOURCES
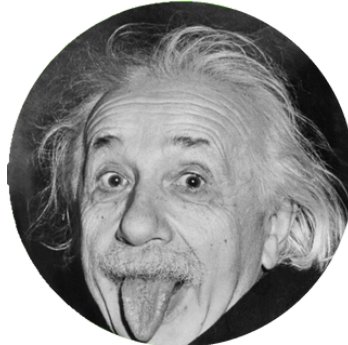
CHARACTER LIST

Napoleon Bonaparte

Pooh Bear

Batman / Bruce Wayne

Yoda

Albert Einstein

Mickey Mouse

Mahatma Gandhi

Cookie Monster

Julius Caesar